#### LSM **LSM LSM LSM**





# WHY ECO-CONVERSION DURING LENT?

Lent is a special season for reflection and action through prayer, fasting, and almsgiving, when we celebrate the memory of our Lord Jesus Christ in His passion, death, and resurrection. We know that Creation also eagerly awaits for redemption (cf. Rm 8:19-23), therefore Lent can be an opportunity every year for Catholics worldwide to grow deeper in their faith that Jesus Christ is the redeemer of the whole cosmos, of all creatures, of all creation. This year in a special way, as we celebrate the Year of Jubilee, 10 years of Laudato Si' and Laudato Si Movement (LSM), and 800 years of the Canticle of Creatures, Lent can prepare us to live this year faithfully and fruitfully. We invite all Catholics to embrace this special season of Lent by reflecting on how we can care for our Earth, making small changes to our daily actions, and reconnecting with creation through meaningful steps toward healing and sustainability. The daily actions proposed in this calendar revolve around LSM's three pillars: eco-conversion, sustainability, and advocacy and were developed in collaboration with the Laudato Si' Action Platform.

# Ecological conversion



Prayer is action that grounds our lives spiritually. LSM's pillar of eco-conversion aims to encourage a change of heart of the Catholic faithful and motivate a more passionate concern for our common home, enshrining creation care as a Catholic priority. The Lent Calendar links the contemplative spirit of the Lent Season with the need for ecological conversion through repentance, reflection, and reconciliation. Crafted urgently as people of faith and global citizens, this calendar is a unique fusion of spiritual and prophetic engagement.

# **Full sustainability**

Sustainability is at the heart of LSM's mission, as it reflects a commitment to caring for our common home and ensuring justice for future generations. It helps the Catholic community lead by example by embracing the "Less is More" paradiam and seeking to reduce our footprint to zero, in response to the urgency of the climate and ecological crises. This vision aligns deeply with the spirit of Lent, a time of reflection, conversion, and sacrifice, where we are called to live simply, fast from excess, and renew our relationship with God, our neighbors, and creation. As we transform our hearts, let's also work to transform the Earth, making it a place that reflects the justice, peace, and healing that Christ has promised for all of creation. By embracing sustainability, we turn Lenten practices into lasting habits that foster ecological conversion and a more just and harmonious world.



# **Prophetic advocacy**



As part of LSM's mission, advocacy is a call to action and a central part to how we mobilize the Church to raise a prophetic voice for climate and ecological justice. The season of Lent is a time to reflect, repent, and act. As pilgrims of hope, we act by calling for bold policies to accomplish the Paris Agreement's goal of limiting global heating to 1.5°C and halt biodiversity collapse, and we bring hope walking in solidarity with marginalized communities who suffer the most from the climate crisis, despite having contributed the least to it.

Let this Lent be a journey of deeper awareness and meaningful action. Use this calendar to guide your reflection and actions across the weeks of Lent into your Easter celebration. May the Creator Spirit lead us as we embrace this season with intention, hope, and a renewed commitment to bring Laudato Si' to life.



# CONVERSION OF HEART FOR THE EARTH

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
March 5	March 6	March 7	March 8 📋	March 9 First Sunday of Lent	March 10 🏦	March 11
March 12 🔊	March 13 $\bigcirc_{00}^{\bigcirc}$	March 14	March 15	March 16 Second Sunday of Lent	March 17	March 18 🔎
March 19 Solemnity of Saint Joseph, husband of the Blessed Virgin Mary	March 20	March 21 ಕ್ರಿಕ್	March 22 🖌	March 23 📿 Third Sunday of Lent	March 24	March 25
March 26	March 27 🛒	March 28 (1) 24 hours for the Lord	March 29 [๋͡]	March 30 🕀 Fourth Sunday of Lent	March 31	April 1 🏼 🎼
April 2 ) ↓ 7	April 3 🕅	April 4 द्वीव वुषि	April 5 🔌	April 6	April 7	April 8
April 9 🛞	April 10 f	April 11 අරි	April 12 💮	April 13 Palm Sunday of the Lord's Passion	April 14 🖄 Monday of Holy Week	April 15 🖗 Tuesday of Holy Week
April 16 Wednesday of Holy Week	April 17 000 Holy Thursday	April 18 Holy Friday	April 19 Holy Saturday	April 20 학문 Easter Sunday		

# LENT CALENDAR<sup>2025</sup>

# CONVERSION OF HEART FOR THE EARTH

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#### March

# Wednesday March 5 Ash Wednesday

Almsgiving: Think critically about the life you want to live and what you want to give to our community and then consider making a donation to make this a reality link to donation page.



Thursday

March 6

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Go through the day without complaining, and instead, write or share one positive story or testimonial about faith, creation care and resilience.

#### Friday

March 7

Memorial of Saints Perpetua and Felicity, martyrs

Almsgiving: Think critically about the life you want to live and what you want to give to our community and then consider making a donation to make this a reality link to donation page.

#### Saturday March 8

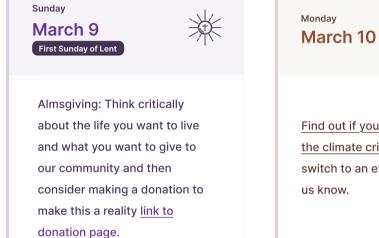
arch 8

Find out how you can help local groups that work to provide education to frequently under-represented groups (such as girls and women, migrants, and people living in poverty).

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# March



Find out if your bank is fuelling the climate crisis. If so, pledge to switch to an ethical bank and let us know.

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Speak to elders to learn about the history of community challenges and collective practices that have helped to overcome them (such as shared prayer, community organizing, community gardens, etc.)

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Wednesday March 12

Find out if your bank is fuelling the climate crisis. If so, pledge to switch to an ethical bank and let us know.

Thursday March 13

Share this calendar on social media to inspire others in their ecological conversion journey.



Pray the Ecological Way of the Cross found in the LSM prayer book.

## Saturday March 15

Check with your parish, diocese, or community if you can include a Laudato Si' message in their next newsletter.



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Celebrate the gift of creation by taking a walk with a loved one.

#### March

Monday March 17

Friday

Has your local diocese or religious congregation divested from fossil fuel companies? Find out more and write to decision makers.

B March 18 Do an audit of the community to identify challenges caused by failing social systems (such as hunger, homelessness, lack of employment) and who is likely to be most vulnerable

(such as migrants, children, laborers,

Plant a native tree.

indigenous communities, etc.)

# Wednesday March 19 18Ri Solemnity of Saint Joseph, husband of the Blessed Virgin Mary

Find out if your bank is fuelling the climate crisis. If so, pledge to switch to an ethical bank and let us know.

Thursday March 20

Replace 30 minutes of daily secular media consumption with a spiritual podcast, Scripture reading, or watch The Letter.

**LENT** 

CALENDAR 2025

Sunday

March 23 **Third Sunday of Lent** 

Pray outside with creation using the Laudato Si' Chaplet in the LSM Prayer Book.

Monday March 24

Join a local campaign on ending fossil fuel expansion.

March 21

Pray the Ecological Examen.

Saturday March 22

Tuesday







March

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Find out about the Indigenous people in your country and how they are fighting to retain the rights to their lands and waters. Almsgiving: Give to honor the indigenous land we live on and rights of the indigenous people link to donation page.

March 27

Thursday

Write one handwritten note, email, or message each day to someone in your community, thanking them or offering a prayer for them. Friday March 28 24 hours for the Lord

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Read the international news to hear the cry of the earth and the poor.

Saturday March 29

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Purchase from retailers that use recycled materials in their production of goods.

March 30

Sunday

Wednesday

March 26



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Fourth Sunday of Lent

Pray outside with creation by visiting a new place.

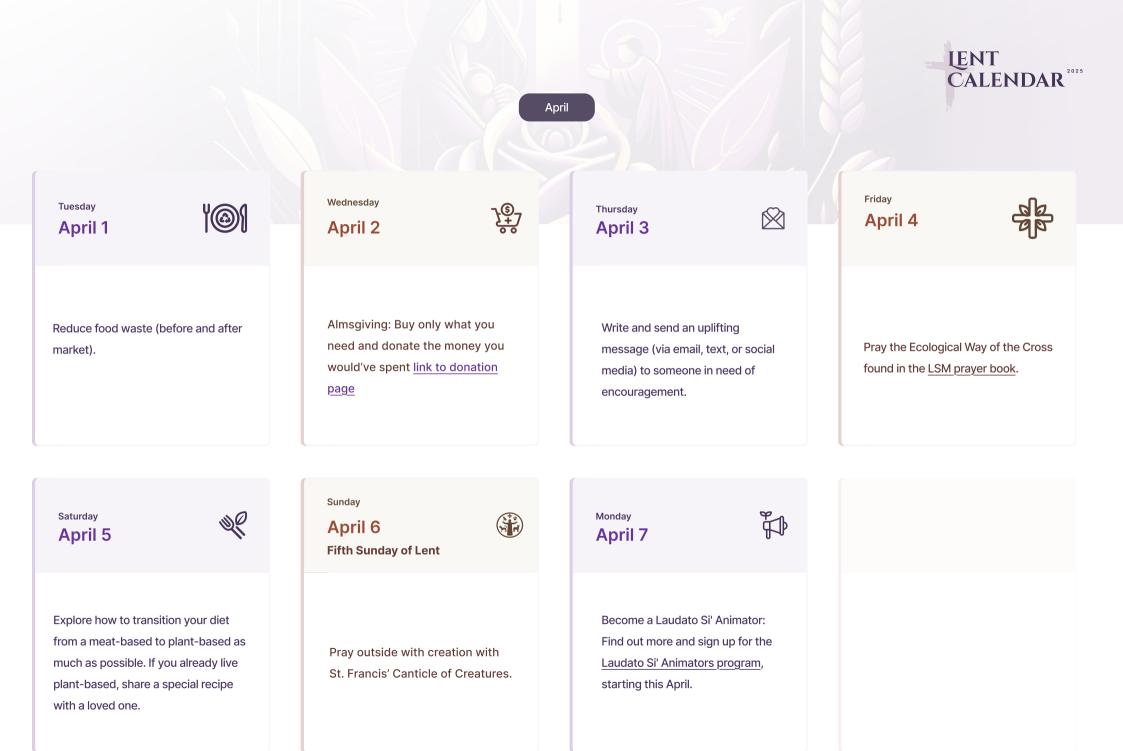
Monday March 31

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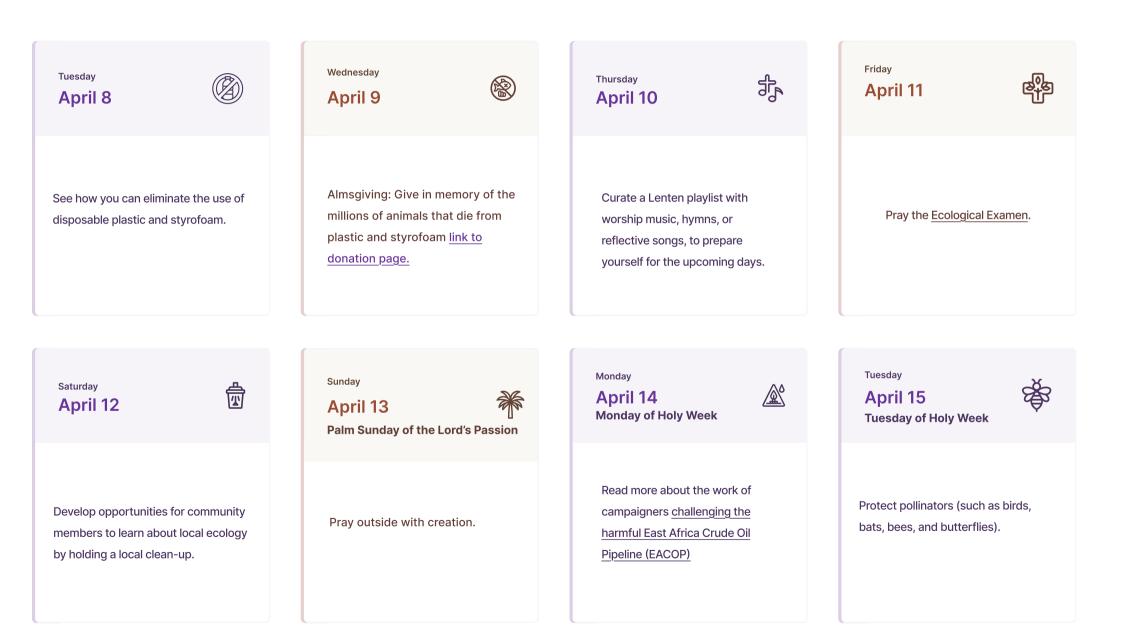
Ask your diocese or religious congregation to join the hundreds of faith institutions <u>endorsing the</u> <u>Fossil Fuel Non-Proliferation</u> <u>Treaty</u>







April



LENT CALENDAR<sup>2025</sup>

### April

Wednesday April 16 Wednesday of Holy Week

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Almsgiving: Give to protect our smaller friends who provide their sweet sounds, beauty, and more to the world link to donation page. Thursday April 17 Holy Thursday

Participate in the Holy Thursday celebration and contemplate the gift of Sister Water. Friday April 18 Holy Friday



Read the international news to hear the cry of the earth and the poor.

Saturday April 19 Holy Saturday

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Participate in the Holy Saturday vigil with your local community and contemplate the gift of Brother Fire.

## Sunday April 20 Easter Sunday



Christ is risen, hallelujah! Praise be God! May the joy of Easter and our faith in the resurrection renew our missionary spirit and rekindle the flame of our commitment to care for creation.

This Lenten season has prepared our hearts to become more like Christ, converting us to care for the Earth that He has redeemed.

During this new Easter season that begins now, we invite you to celebrate Christ's resurrection by taking bold actions for eco-conversion, sustainability, and advocacy, embracing the hope of renewal.

Let us go forth into this year of Jubilee and celebrations witnessing the Christian vocation to care for our common home. Laudato Si'!

# COMMUNITY CONNECTION

This year, this calendar was specially crafted thanks to the work of Alonso de Llanes, Special Projects Program Manager; James Buchanan, Climate Finance Campaign Manager; Suzana Moreira, Eco-conversion Program Manager; Susana Salguero, Director of Communication; Christina Leaño, Associate Director; Marco Vargas, Graphic Designer; as well as our team of translators from across the world.

If you want to get involved with the Laudato Si' Movement, or if you're making things happen where you live, we'd love to hear from you.

Stay tuned to the special celebrations taking place this year through the <u>Raising Hope website</u>, and consider signing up for the <u>Laudato Si' Animators program</u>, joining a <u>Laudato Si'</u> <u>Circle</u>, or following us on social media: Facebook, Instagram, X, YouTube